



## Symposium

**The complexity within mastocytosis; challenges in a very heterogeneous disease**

**National Mastocytosis Symposium UMCG / NMCG**

**Donderdag 28 maart 2019**

*De voertaal tijdens het symposium is Engels.*

Systemic mastocytosis is a rare condition characterized by proliferation, accumulation and degranulation of pathological mast cells in various tissues, especially in skin, bone marrow and gastro-intestinal tract. Symptoms vary widely from flushing to gastro-intestinal complaint and anaphylaxis. This symposium tries to give answers on the different aspects and complexity within the field of mastocytosis, ranging from just urticaria pigmentosa to indolent and aggressive forms.

The whole field will be covered by a state of the art lecture by Peter Valent, one of the most influencing people within the clinical and research field of mastocytosis and who was prominent in defining the WHO disease definitions.

Other aspects of mastocytosis like understanding the various symptoms, quality of life and treatment of signs and symptoms within this heterogeneous disease will be covered. Experts in the field of mastocytosis will touch upon practical and research issues regarding gastro-intestinal complaints, cardiovascular factors, dermatological aspects and when to subscribe and use an adrenaline autoinjector. Furthermore, prognostic factors are important for determining the strategy of the sequential use of several treatment options for these patients. This is even more challenging given the rapid development of new tyrosine kinase inhibitors.

We hope that this symposium will be a great opportunity to get new insights into all aspects of cutaneous and systemic mastocytosis!

## **Program**

- 09:00 Registration and reception
- 09:45 Opening and introduction  
*Gerwin Huls, chair*
- 10:00 Skin lesions in children and adults with mastocytosis  
*Suzanne Pasmans*
- 10:30 Symptoms and disease burden in indolent systemic mastocytosis  
*Björn van Anrooij*
- 11:00 Coffee break
- 11:30 The broad spectrum of indolent systemic mastocytosis  
*Hanneke Oude Elberink*
- 12:00 Keynote lecture  
Diagnosis and Management of Mast Cell Disorders: Status 2019  
*Peter Valent* (short introduction by *Hanneke Kluin-Nelemans*)
- 12:45 Lunch
- 13:45 Gastro-intestinal problems within mast cell diseases  
*Bart Span*
- 14:15 Mast cells: pivotal players in cardiovascular disease  
*Paul van Daele*
- 14:45 Tea break
- 15:15 Adrenaline auto-injector: is it necessary, how and when?  
*Hanneke Oude Elberink*
- 15:45 Therapeutic options in advanced systemic mastocytosis  
*Bart Span*
- 16:15 Closure

## Drinks

### **Sprekers / voorzitter**

- B. van Anrooij, Department Hematology, UMCG
- Dr. P.L.A. van Daele, internist allergist-immunologist, Erasmus MC Rotterdam
- Prof. dr. G.A. Huls, hematologist/head of Department of Hematology, UMCG
- Prof. dr. J.C. Kluin-Nelemans, hematologist, UMCG
- Prof. dr. J.N.G. Oude Elberink, allergist and head of NMCG, UMCG
- Prof. dr. S.G.M.A. Pasmans, paediatric dermatologist/immunologist, Erasmus MC Rotterdam
- Dr. L.F.R. Span, hematologist, UMCG
- Prof. dr. P. Valent, Department of Internal Medicine I (Division of Hematology and Hemostaseology) and Ludwig Boltzmann Institute for Hematology and Oncology, Medical University of Vienna, Austria

## **Organisatie**

Wenckebach Instituut UMCG in samenwerking met het Nederlands Mastocytose Centrum Groningen (NMCG).

### *Programmacommissie / Organisatiecommissie:*

B. van Anrooij, Department of Hematology, UMCG

Mw. L. Faber, manager of Department of Hematology, UMCG

Prof. dr. G.A. Huls, hematologist/head of Department of Hematology, UMCG

Mw. prof. dr. J.C. Kluin-Nelemans, hematologist, UMCG

Mw. L.M. Noord, staf assistant Department of Hematology, UMCG

Mw. prof. dr. J.N.G. Oude Elberink, allergist and head of NMCG, UMCG

Dr. L.F.R. Span, hematologist, UMCG

Mw. C.W. Verver, course organiser, Wenckebach Instituut UMCG

## **Doelgroepen**

Hematologen, allergologen, immunologen, dermatologen, kinderartsen, internisten, MDL-artsen, pathologen, klinisch chemici en aios vanuit genoemde vakgebieden en andere geïnteresseerde zorgprofessionals.

## **Accreditatie**

Accreditatie van het programma wordt aangevraagd bij het ABAN (voor medisch specialisten) en bij de NVKC.

## **Locatie**

Het symposium vindt plaats in het UMCG.

Ontvangst: Blauwe Patio

Programma: Rode Zaal

(intern UMCG-adres: Winkelstraat 1).

## **Parkeren/Openbaar vervoer**

U kunt de auto parkeren in Parkeergarage Noord, bereikbaar via de Vrydemalaan (betaald parkeren). Van daaruit volgt u de bewegwijzering naar “Ingang UMCG”. Maakt u gebruik van het openbaar vervoer raadpleeg dan [www.9292.nl](http://www.9292.nl).

## **Kosten**

Deelname aan dit symposium kost € 25,- per persoon. U kunt online (via IDEAL of credit card) betalen. UMCG-medewerkers kunnen ook via kostenplaats of persoonlijk budget betalen.

## **Inschrijving**

U kunt zich tot **14 maart 2019** via [www.wenckebachinstituut.nl](http://www.wenckebachinstituut.nl) inschrijven.

Deelname is aan een maximum aantal gebonden, inschrijving vindt plaats op volgorde van binnentkomst. Wij informeren u zo snel mogelijk over plaatsing.

Annulering van uw inschrijving is mogelijk tot 14 maart 2019. In dat geval worden administratiekosten (€ 7,50) in rekening gebracht. Bij annulering na deze datum is geen restitutie mogelijk. Bij verhindering kan een vervanger uw plaats innemen.

## **Meer informatie**

Wenckebach Instituut

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